



PARENT CHECKLIST

Difficulties in the following areas are considered likely to influence a child's performance in daily tasks - in class, the playground and at home. These difficulties may indicate a need for Occupational Therapy Assessment.

Please use the following key to rate the child's level of difficulty:

- Never- your child has no problems, presents similarly to peers.
- Sometimes- your child displays feature slightly more than peers.
- Often- your child displays feature significantly more than peers.

If not observed or not applicable, leave response blank.

- If responses fall mainly in the "Sometimes" to "Often" categories, please contact Step One OT on 9300 3544 to discuss this questionnaire and possibly book an assessment.
- If responses fall mainly in the "Never" to "Sometimes" categories, please feel free to discuss your concerns with an Occupational Therapist (before referring for assessment).

DOES YOUR CHILD	NEVER	SOMETIMES	OFTEN
Seem constantly “on the go”			
Fidget or move constantly whilst seated or standing			
Show a strong need to touch people or objects			
Act impulsively			
Seem restless or fidgety			
Seem unaware of touch, pain or temperature			
Play roughly with other children			
Need to jump excessively (such as on trampoline or furniture)			
Take excessive risks with movement or climbing activities			
Dislike hair washing, brushing or cutting			
Over react to unpredicted touch or minor injuries			
Avoid messy play (e.g. finger painting, play dough)			
Appear selective in the clothing <u>textures</u> they wear			
Become irritated by tags or seams on their clothes			
Avoid moving equipment (such as swings or see-saws)			
Appear to be fearful of heights			
Respond negatively to unexpected or loud noises			
Appears not to hear what you say			
Have trouble working with background noise			
Need instructions repeated			
Avoid or is highly sensitive to certain noises			
Seem highly sensitive to scents and odours			
Have definite food likes or dislikes (texture, temp)			
Mouth or swallow non food items			
Tire easily			
Appear clumsy, awkward or uncoordinated			
Trip over or bump into things more than others			
Dislike playground equipment			
Have difficulty learning new or unfamiliar movements; need more practice than others			
Have difficulty catching a large ball			
Have difficulty catching a small ball			
Have difficulty jumping over obstacles			
Have a poor concept of left and right			
Demonstrate unstable posture when sitting at a table (eg kneel on a chair or stand at the table)			

DOES YOUR CHILD	NEVER	SOMETIMES	OFTEN
Not yet have an established dominant hand			
Hold a pencil awkwardly or inconsistently			
Have poor handwriting			
Have messy drawing or colouring in			
Have difficulty with small manipulative toys (eg threading beads, Lego, windup toys, toys with switches and knobs)			
Avoid or have difficulty with jigsaw puzzles/ form boards			
Have difficulty forming letters			
Skip words when reading or copying			
Have difficulty cutting along a line			
Require assistance with dressing			
Require assistance to do or undo zips or buttons			
Have difficulty dry him/herself			
Put shoes on the wrong feet			
Have difficulty tying shoelaces (if older than 7 years)			
Have difficulty using cutlery (or chopsticks if applicable)			
Have difficulty drinking from a cup			
Have difficulty following routines			
Need encouragement to initiate tasks			
Have difficulty changing from one activity to another			
Not tolerate changes in plans or routine			